

# Job Description

Title:Health Support Worker (20 hours per week)Base:Sure Start, Society StreetResponsible to:Programme ManagerSalary:NJC Scale Point 14-17 (pro rata for part-time)

#### Summary of Post:

To work as a member of the Health Team carrying out a range of duties to support parents and children with a focus on the ante-natal period, early days and hard to reach parents. This will include the preparation and delivery of programmes, facilitating group activity and carrying out home visits.

### **Key Duties:**

- 1. To plan creative and effective ways to promote Sure Start to increase new parental participation from hard to reach parents/caregivers (e.g. fathers and ethnic minority families).
- 2. To plan, help develop, set up and facilitate groups, programmes, workshops and events to families' e.g. ante-natal classes, early post natal groups, groups of dads/male caregivers. This will require some evening and weekend work.
- 3. To facilitate health promotion workshops and events to families. This will involve generating ideas, planning, preparation of resources and room set up. This will require some evening and weekend work.
- 4. Participate in preparing and organising health promotion resources for Sure Start activity and where appropriate be involved in the evaluation of these activities.
- 5. To arrange home visits with antenatal mothers when necessary to provide support and guidance.
- 6. To build relationships with existing parents and encouraging them to become more involved in Sure Start services.
- 7. To review, on an ongoing basis, the range of needs families require and communicate these to the Line Manager.
- 8. To maintain accurate records through clear, concise and timely documentation to attain agreed targets.
- 9. To refer families to other Sure Start/Voluntary/Statutory services where appropriate.
- 10. To contribute to evaluation reports and other Sure Start reports as required.
- 11. To maintain absolute confidentiality at all times.
- 12. To be familiar with and operate within Child Protection Procedures.
- 13. To promote Sure Start services as and when required.
- 14. To adhere to Sure Start policies and procedures.
- 15. Any other duties as required.

# **Personnel Specification**

### **Essential Criteria:**

- NVQ Level III in Child Care Learning and Development, Health and Social Care or equivalent relevant qualification
- 2 years' experience working with children under four years old and/or 2 years' experience working with families
- GCSE English and Maths (or equivalent) at Grades A-C or Level 2 qualification in Literacy and Numeracy
- Evidence of good written and spoken communication skills
- IT Skills with the ability to use Microsoft office packages
- Access to transport in order to fulfil the requirement of the post

## **Desirable Criteria:**

• One year's experience facilitating groups on health related topics e.g. Swimming, Walking, Baby Massage, Baby Yoga

### Please note:

Short listing will be carried out in respect of the essential criteria but in the case of a large number of applicants we reserve the right to enhance the short listing criteria to include the desirable requirements.